

FOCUS FORUM

Upcoming Event

FOCUS Forum

a series of monthly meetings with focused discussions and guest speakers that provide opportunities to learn more about specific issues concerning the creation of complete communities near transit in urbanized areas

Priority Development Area

Assessments

Thursday, July 7th

Urban Design

Thursday,
September 2nd

Job Landscape

Thursday,
October 4th

Transit Sustainability

Thursday,
November 4th

All presentations are from 9:30 am - 11:30 am at the MetroCenter Auditorium located at 101 8th Street Oakland

Healthy Food in Our Communities



Thursday, May 13, 2010
9:30 am - 11:30 am
50 California Street, 26th Floor
McAteer Petris Conference Room
San Francisco

guest speakers:

Dana Harvey, Executive Director, Mandela Marketplace

Jason Harvey, Executive Director, Oakland Food Connection



Producing food locally has many benefits. It strengthens local economies, reduces fuel required for transportation, and decreases dependency on imports. Locally grown food improves health in communities - those that eat seasonally grown food are more likely to eat more fruits and vegetables and less processed food. Food produced by local farmers is sold at neighborhood farmers markets, which are critical to communities that are food deserts with no local grocery stores and limited access to healthy foods. Community gardens where fresh vegetables are grown are important learning tools that help youth understand how food is produced - these gardens also serve to improve and enhance neighbor relationships.

Join us for a conversation with our guest speakers to discuss how to increase local food production and the benefits of integrating farming into our communities.